

31st Congress

Hellenic Society for
Surgery of the Hand
& Hellenic Society for
Reconstructive
Microsurgery

From Hippocrates
to Modern Hand Surgery

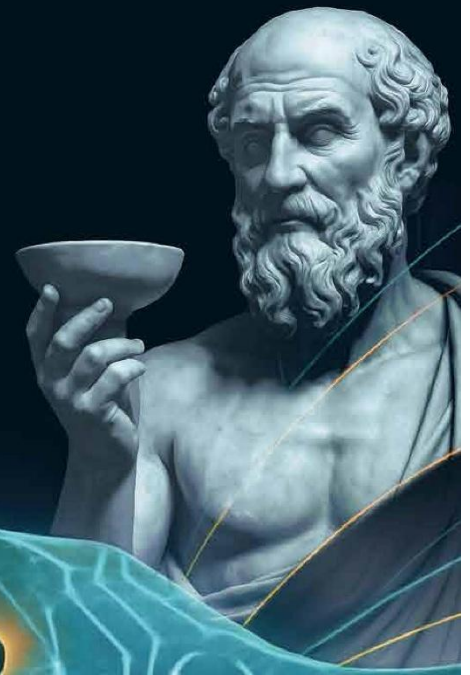
3-5 September 2026

Conference Area
Kipriotis Panorama Hotel & Suites

KOS



In collaboration



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SCIENTIFIC PROGRAM

31st Congress

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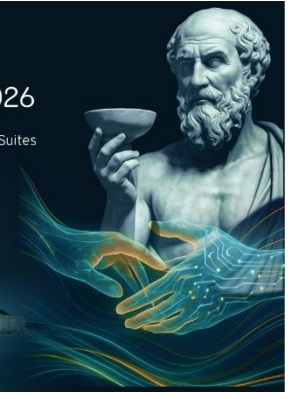
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ROOM A

THURSDAY SEPTEMBER 3rd

08:30-09:00

REGISTRATIONS

09:00-10:00

SYMPOSIUM I THE HIPPOCRATIC LEGACY:

From Ancient Wisdom to the Modern Surgical Mind

Moderators: **Panayotis Soukakos, Aikaterini Vlastou**

Humility, Empathy and the Wisdom of the Ancients: A call to young Surgeons

Dean Sotereanos

The Power of The Hippocratic Oath to Bring us Joy and Fulfillment in Medicine

Joseph Failla

Giving and receiving feedback

Cynthia Emory

10:00-11:00

SYMPOSIUM II SURGERY IN TRANSITION:

Education, Innovation and the Future of Care

Moderators: **Konstantinos Malizos, Aristeidis Zoumbos, Konstantinos Ditsios**

From Kos to the Modern OR: How the Evolution of Macro and Micro-Anatomy
Shaped the Surgical Mind

Aristeidis Zimbis

Beyond the Joint: Free Hormones, Healing, and the Future of Orthopedic Medicine

Rocco Monto

The patient meets the AI algorithm

Anastasios Papadonikolakis

Migration of care from Hospitals to Outpatient centers

Alejandro Badia

11:00-12:00

SYMPOSIUM III – OUR NEIGHBOURS ACROSS THE AEGEAN:

Turkish Masters in Microsurgery

Moderators: **Prof. Dr. Mehmet Demirtaş, Prof. Dr. Kahraman Öztürk ,
Savvas Sourmelis**

Technical Tips in Finger Replantations

Fatih Kabakaş

Reconstruction of Skin and Composite Defects of the Fingers with Microsurgical
Flaps

Alper Aksoy

Microsurgical Reconstruction of Upper Extremity Bone Defects

Ethem Ayhan Ünkar

Microsurgical Reconstruction of Mutilated Hand

Özgün Barış Güntürk

12:00-12:15

Coffee Break

12.15 - 13.00

HELLENIC AMERICAN HIPPOCRATIC ORTHOPAEDIC SOCIETY LECTURES

Moderators: **Loukia Papatheodorou, Sofia Bougioukli**

History and mission of the Hippocratic Orthopaedic Society

Loukia Papatheodorou

Microsurgical Thumb Reconstruction

Milan Stevanovic

13.00 - 14.00

SYMPOSIUM III- GLOBAL HANDS:

Hand Surgery from the Far West to the Far East

14:00-14:30

Coffee Break

14:30-15:30

INVITED SPEAKERS' LECTURES I - COMPLEX ELBOW PROBLEMS

Moderators: **Filippos Giannoulis**

Intra-articular fractures of the distal humerus: How to improve outcome

Charalampos Zalavras

Complex elbow injuries: Fractures and Instability

Deana Mercer

Complex elbow reconstruction: Primary and revision total elbow

Kevin Renfree

Allograft reconstruction of distal triceps/proximal ulna defects

Nickolas Garbis

Metal sensitivity in shoulder and elbow surgery

John M. Itamura

15:30-16:30

INVITED SPEAKERS' LECTURES II

COMPLEX HAND & WRIST PROBLEMS

Moderators: **Nikolaos Tzinieris, Aaron Venouziou**

DRUJ reconstruction

Miguel Pirela Cruz

Use of spanning plates in the hand/fingers

Sonu Jain

HHRA — Hamate Hemi-articular Replacement Arthroplasty

Greg Sommerkamp

Tendon injuries/ruptures in Rheumatoid arthritis

Marco Rizzo

The Thumb's New Hope: CMC Arthroscopy in the Age of Minimally Invasive Surgery

Mark Rekant

18:30-19:00

OATH CEREMONY ASKLEIPIION

19:45 - 20.30

INTERNATIONAL HIPPOKRATIC FOUNDATION

Welcome Addresses

Keynote Lecture

"First, Do No Harm": Revisiting the Hippocratic Tradition

Konstantinos Malizos

20.30 - 21.30

WELCOME RECEPTION

ROOM A

FRIDAY SEPTEMBER 4th

08.30 - 09.30

ORAL PRESENTATIONS

09.30 - 10.30

EEEM I PLASTIC I Head And Neck Reconstruction

Moderators: **Christos Asimomytis, Georgia Alexandra Spyropoulou**

Head and Neck Reconstruction with Free Anterolateral Thigh (ALT) Flap

Georgia Alexandra Spyropoulou

Functional Lower Lip Reconstruction with Free Radial Forearm Flap

Dimitra Tsilimpoti

Inferior Alveolar Nerve Reinnervation Following Oncological Mandibulectomy Using Nerve Allograft

Christos Asimomytis

The New Era in Microsurgical Reconstruction of the Maxilla and Mandible

Konstantinos Benetatos

10.30 - 11.30

EEXX II SHOULDER I Mastering the Rotator Cuff Tears

Moderators: **Michael Hantes, Dimitrios Papadopoulos**

Same Tear, Different Patient: Age, Trauma, Degeneration — Do They Really Matter?

Georgios Kassimatis

Arthroscopic repair of massive rotator cuff tears and shoulder pseudo paralysis: Is it effective?

Michael Hantes

Tendon transfers for massive irreparable tears: Surgical Artistry or Wishful Thinking?

Dimitrios Papadopoulos

The Rise of Reverse Arthroplasty for Irreparable Tears

Dimitrios Karataglis

11.30 - 12.00

Coffee Break

12.00 - 13.00

EEXX III - SHOULDER II -Hot Topics in Shoulder Trauma and Instability

Moderators: **Chrysanthos Chrysanthou, Alkis Kaliakmanis**

1st time shoulder dislocation: should we operate on all or not?

Ioannis Kotsalis

Isolated arthroscopic Bankart repair: Is it still an option in 2026?

Chrysanthos Chrysanthou

Recurrent Anterior Shoulder Instability: when and how to augment a Bankart repair?

Michael Hantes

What to do when there is bone loss: Latarjet vs. bone blocks, open or arthroscopic?

TBA

13.00 - 14.00

EEXX IV ELBOW Mastering the Elbow Trauma

Moderators: **Savvas Sourmelis, Ioannis Sarris**

Coronal shear fractures of the elbow: How to optimize management

Charalampos Zalavras

Radial head fractures: When to fix and when to replace?

Ioannis Sarris

Fixing coronoid fracture: Open, arthro, or no fixation?

Savvas Sourmelis

External fixators: Are still necessary in 2026 for managing complex elbow trauma?

Vassileios Psychogios

Regaining Motion After Elbow Trauma: Rehabilitation Principles and When to Push

TBA

14.00- 17.00

Break

17.00 - 18.00

EEXX V HAND II State of the Art Treatment for Wrist & Hand Osteoarthritis

Moderators: **Sokratis Varytimidis, Stratis Athanaselis**

SLAC and SNAC Wrist: Four-Corner Fusion or Proximal Row Carpectomy?

Nikolaos Stefanou

Osteoarthritis of the Thumb Base: Management with Total Arthroplasty

Sokratis Varytimidis

Total Wrist Arthroplasty: Indications and Technical Considerations of Modern Implants

Stratis Athanaselis

Total Arthroplasty of the MCP and PIP Joints: Indications and Outcomes

Panagiotis Giannakopoulos

Osteoarthritis of the Distal Radioulnar Joint: Surgical Treatment Options

Konstantinos Ditsios

18.00 - 19.00

EEXX I HAND I -Tendon Trauma of the Hand

Moderators: **Ioannis Galanakis, Ioannis Ignatiadis**

The Zone II Dilemma: How Many Strands, How Soon to Move, and Does WALANT Change Anything?

Ioannis Galanakis

Extensor Tendon Injuries: From Mallet Finger to Complex Zone V–VII Lacerations

Thekla Antoniadou

Delayed and Staged Flexor Tendon Reconstruction: When, How and What to Expect

Ioannis Ignatiadis

Tenolysis: The Forgotten Step — Indications, Timing and How to Prevent It

Alkaterini Manimanaki

Extensor Tendon Rehabilitation: Beyond the Traditional Protocols

Angeliki Vervainioti

19:00-20:00

EEEM II - MICRO I - PERIPHERAL NERVE RECONSTRUCTION IN 2026

20:00

GENERAL ASSEMBLY

ROOM B

FRIDAY SEPTEMBER 4th

08.30 - 09.30

ORAL PRESENTATIONS

09.30 - 10.30

EEXX VI HAND III Fractures and Ligamentous Injuries of the Hand and Wrist

Moderators: **Charalambos Ntinopoulos, Nikolaos Zagoraivos**

Metacarpal and Phalangeal Fractures: Plate, Screw, Wire or Nothing?

Charalambos Ntinopoulos

PIP Fracture-Dislocations: The Most Challenging Fracture in the Hand

Sotiris Plakoutsis

Acute and Chronic Thumb Ligament Instability: Treatment Options

Panagiotis Kaldis

Scapholunate Instability: The Arthroscopic Game Changer

Nikolaos Zagoraivos

A Therapist's Guide to PIPJ problem solving

Angeliki Vervainioti

- 10:30 - 11.30** **WORKSHOP I**
Meet the Expert : Mircosurgical Skills Workshop
- 11.30- 12.00** **Coffee Break**
- 12.00 - 14.00** **WORKSHOP II**
Meet the Expert: Nerve Repair Skills Workshop
- 14:00-17:00** **Break**
- 17:00- 18:00** **EEEM III MICRO II Management of Traumatic Brachial Plexus Injuries**
Moderators: **Nikolaos Daoutis, Marios Vekris**
- Algorithm for the Restoration of Brachial Plexus Paralysis
Marios Vekris
- Upper Root Brachial Plexus Palsy
Nikolaos Daoutis
- The Use of the Contralateral C7 Root in Brachial Plexus Palsy
Ioannis Kostas-Agnantis
- Nerve Transfers for C5–C6 Root Brachial Plexus Palsy
Panagiotis Kanellos
- 18.00 - 19.00** **EEXX XIV – HAND VII – Treatment of Upper Injuries with WALANT Technique**
Moderators: **Panagiotis Konstantinou, Lazaros Kostretzis**
- WALANT: indications – application – prospects
Paschalis Antonogloudis
- Management of Wrist Fractures with WALANT
Panagiotis Konstantinou
- Management of Elbow Fractures with WALANT
Lazaros Kostretzis
- WALANT and Tendon Lacerations of the Hand
Panagiotis Savvidis
- 19:00-20:00** **EEEM III - PLASTIC II - Sarcoma Reconstruction**

ROOM A

SATURDAY, SEPTEMBER 5th

08:30 – 09:30

ORAL PRESENTATIONS

09:30 – 11:00

EEEM VI PLASTIC IV - Breast Reconstruction & Lymphedema Treatment

Moderators: **Dimitrios Dionysiou, Konstantinos Benetatos**

AI and advanced perforating mapping in breast reconstruction flaps

Antonios Tsimponis

New era in breast reconstruction

Vassiliki Manou

Neuratization of the breast in delay reconstruction

Petros Konofaos

Free flaps Monitoring

Konstantinos Benetatos

Global Multicenter Randomized Study on Microsurgical Lymphedema Reconstruction

Avra Drougou

Radial forearm phalloplasty related lymphedema

Safa Bauback

Difficult lymphedema cases

Dimitrios Dionisiou

11:00-11:30

EEEM VIII - PLASTIC V - Burns

Moderators: **Evelin Betsi, Konstantinos Papakonstantinou**

Acute Hand Burns: Emergency Management and Early Surgical Decisions

Maria Kalofonou

From Burn Scar Contractures to Functional Recovery: A Multidisciplinary Surgical Approach to Upper Extremity Reconstruction

Evelin Betsi

Secondary Reconstruction of the Burned Hand

Bauback Safa

11:30 – 12:00

Coffee Break

12:00- 13:00

EEXX VII SHOULDER III - Hot Topics in Shoulder Replacement

Moderators: **Anastasios Papadonikolakis, Emmanouil Fandridis**

The young arthritic shoulder

Anastasios Papadonikolakis

Reverse Shoulder Arthroplasty for Proximal Humerus Fractures: Tips & Tricks to Optimize Treatment

Emmanouil Fandridis

Use of custom baseplates in reverse TSA

John M. Itamura

Management of deltoid insufficiency in reverse shoulder replacement

Nickolas Garbis

Losing the periprosthetic infection battle

Nick Sotereanos

13:00-14:00

EEXX XI - HAND V - Pediatric Hand Surgery

Moderators: **Ellada Papadogeorgou, Filippos Giannoulis**

Seymour fractures

Rachel Garfinkel

Supracondylar humerus fractures in the youngs

Vassilis Goulios

Syndactylies and other congenital differences of the hand: Diagnosis and Surgical Treatment

Filippos Giannoulis

Index finger pollicization in thumb aplasia

Ellada Papadogeorgou

14:00-17:00

Break

17:00-18:00

EEEM VII MICRO II The Mangled Hand in 2026

Moderators: **Sarantis Spyridonos, Panagiota Aretaiou**

Aetiological Classification and Prognosis in the Mangled Hand

Vassiliki Tsiampa

Algorithm for Surgical Reconstruction

Panagiotis Kanellos

The Role of Flaps in the Reconstruction of the Mangled Hand

Sofia Syggouna

Secondary Reconstruction of the Mangled Hand

Emmanouil Fandridis

18:00-19:00

**EEXX XII - WRIST II - Distal Radius Fracture Update:
Where Are We in 2026?**

Moderators: **Miguel Pirela Cruz, Nikolaos Darlis**

Evolution of treatment of distal radius fractures

Alejandro Badia

When and Why Scoping Is Helpful

Nikolaos Darlis

Distal radius fracture management: Tips for better outcomes and
avoiding complications

Deana Mercer

Correction of distal radius malunions

Miguel Pirela Cruz

19:00-20:00

EEXX XIII HAND - Current Trends in Thumb Arthritis

Moderators: **Konstantinos Ditsios, Aaron Venouziou**

CMC Arthroscopy: Passing Trend or Game-Changer for the Arthritic Thumb?

Konstantinos Ditsios

Suspend or Replace? The CMC Surgical Debate That Divides Continents

Mark Rekant

Dual Mobility Thumb CMC Arthroplasty: Why Europe Got There First

TBA

Achieving success in revision thumb CM CJ arthroplasty

Kevin Renfree

21.00

SPEAKERS DINNER

ROOM B

SATURDAY SEPTEMBER 5th

08.30 - 09.30

ORAL PRESENTATIONS

09:30-10:30

EEXX VII SPASTICITY Spasticity of the Upper Limb

Moderators: **Panagiotis Givissis, Eleni Karagergou**

The Spastic Upper Limb: Clinical Examination and Diagnosis

Eleni Karagergou

Management of the spastic shoulder

Constantinos Kritiotis

Management of the spastic elbow and hand

Panagiotis Givissis

Nerve procedures in spasticity

Petros Mikalef

Beyond surgical correction: Functional outcomes in upper limb spasticity

Erifyli Ntikoudi

10:30-11:30

EEXX X WRIST I From Scaphoid Fractures to Nonunions and Posttraumatic Arthritis

Moderators: **Sokratis Varytimidis, Nikolaos Zagoraïos**

AARIF — Assessment of Scaphoid Fracture / Nonunion Instability

Greg Sommerkamp

When Should I Plate a Scaphoid Fracture?

TBA

Scaphoid Nonunion: Current Trends

Sonu Jain

Wrist denervation for SNAC/SLAC arthritis

Kevin Renfree

11:30-12:00

Coffee Break

12:00-13:00

EEXX IX HAND IV Compressive Neuropathies

Moderators: **Zoe Dailiana, Mark Rekant**

Carpal tunnel syndrome: rare causes

Dimitra Kotsaki

Recurrence and complications after carpal tunnel surgery

Zoe Dailiana

Recurrent nerve compression

Mark Rekant

Recurrence of cubital tunnel syndrome: etiology

Zisis Kyriazis

Revision cubital tunnel surgery

Loukia Papatheodorou

13:00-14:00

EEEM V- PLASTIC III - Microsurgical Reconstruction of the lower Extremity

Moderators : **Aikaterini Vlastou – Dimitra Tsiliboti**

Microsurgical reconstruction of the Lower Extremity

Konstantinos Benetatos

Searching the ideal Flap for Tibial Distal Third and Foot Reconstruction

Aristidis Tsiros

The Anterolateral Thigh Flap in Lower Extremity Defects

Georgia Alexandra Spyropoulou

Lower Extremity Reconstruction: Analysis of Challenging Cases

Christos Asimomytis